The Influence of Mind over Muscle.

Professor W. G. Anderson, of Yale University, lately succeeded in practically weighing the result of a thought's action. A student was placed on a "muscle bed," poised on a balance so that the centre of gravi ty of his body was exactly over its centre. When ne was set to solv ing mathematical problems, the the increased weight of blood at his head changed his centre of gravity and caused an immediate dip of the balance to that side. Repeating the multiplication table of nines caused greater displacement than repeating the table of fives, and, in general, Carnival this week. that displacement grew greater with greater intensity of thought.

Carrying the experiment farther, the experimenter had the student imagine him stenday, on North Ohio street. self going through leg-gymnastics. As be performed the feats mentally, one by one, the blood flowed to the limbs in suf- ther J. T. F. looks pretty lonesome.

MENTION. PERSONAL

CAFE. BOSTON

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TOE CREAM.

J. P. woffitt took said J. T. Ferrell last Saturday night, Cheer him up, Preston.

The Queen City Cornet Band rendered most excellent music at the LO. R, w's

Al Dyer, assisted by Walker Willams captured a fine swarm of honey bees last

Mrs. J. T. Ferrell is visiting Mrs. J. C. Fox of St. Louis, this month. Poorbro



George R. Smith College Chapel in which deco ional exercises are held thru-out the scholastic year.

ficient quantities to tip the balance according to the movement thought of. By the guest of Mrs. Sarah Tutt the past purely mental action the centre of gravity of the body was shifted four inches, or as much as by raising the doubled arms above the shoulders. These experiments were repeated on a large number of the students with the same results.

To test still further the mastering influence of mind over muscle, the strength of the right and the left arms of eleven young men was registered. The average strength of the right arms was one hundred and eleven pounds; of the left arms ninety-seven pounds. The men practiced special exercises with the right hand only for one week. Tests of both arms were again made, and, while the average strength of the right arm had the excursion last Sunday, to visit reincreased six pounds, that of the unexercised left arm had increased seven pounds | Katy Flyer Tuesday morainy at 2 celeck connected with the gymnastics developed Aug. 4th. Privileges. not only the muscles put in action, but also other muscles controlled by the same be secured from park Supt. Ludeportion of the brain This could only be by sending blood and nervous force to the in assisting to locate and mark seme

Mrs. Jane Perry of Kausas City was

Prof. Jack Duncan has gone to Lexington, where, no doubt, many are awaiting him on the anxious seat-

Ham Powell and Mrs. Lucy West are making valuable improvements on their

property. Let others emulate their ex. Mrs. E. H. Scott has gone to Burier Mo. to spend the summer but will re turn in time this fall to look after the schooling of her daughter, who will

soon arrive home from this city. Mrs. Sallie Stanford and two little daughters went to Fort Scott, Kans. on latives there. They returned on the

Stand privileges for Aug 4th may man. He will take special delight



The Dining Hall where Studen's and Faculty take their meals.

proper parts by purely mental action. Professor Anderson says of the results:-

the important thing in all exercises is the mental effort put forth. I can lie down on this muscle-bed and think of a jig, and, though apparently my feet do not our compartments This will be another ad move, and actually the muscles are not dition to our local thrift and enterprise. active, the muscle bed sinks toward my feet, showing that there has been a flow of blood toward the muscles, and that, if I did dance a jig, the murcles would be well supplied with blood under this men-June Success' tal stimulus."

Rev. R H smith of this City prenched the foneral of Mrs Hivere at Ashley sto Wed Mrs. Rivere is the mother of Prof. Rivere and his friends extend their sympathy in his hour of bereavement.

Dr. J. M. Harris put carpenters and Masons to work, last monday, remodel-"I can prove by my muscle-bed that ling his home on West Morgan street. It will be a beautiful edifice, built on the la test Queen Anne style, containing a bath room. pantries and nine other commodi

> Mrs. E. H. Scott orders the conserv tor sent to her at Butler and Miss Estelle Martin orders the same sent to her at Colorado Springs Colo Hence you may be anticipating a summer's outing Meets 1st. and 3d, Tuesdays dont forget to keep Sedalia Happenings each month. D. L. White Pres before you as they are chronicled thru W. W. Henderson Sec. our columns every week with-out to I

Where to Worship.

Methodist Episcopal Church

Sunday Morning

Sunday-school-9 00, a. m. 10 45 "" Song service by Choir 11 00 " " Preaching

Afternoon

Class-meeting 2 30, p. m. Epworth League 6 30" " 7 45 " " Song service by Chair 8 00 " " Preaching

Rev. R. Davis, Pastor.

African Methodist E. Church.

Sunday Morning

Preaching

Afternoon

Sunday-school 2 00. 3 00. Class meeting 7 00. Endeavor 8 00. Preaching

Rev. Wm. Alexander, Pastor,

Morgan St. Baptist Church,

Preching 11 oo a, m. and 7 30 p. m. 2 oc p. m Sunday school Prayer meeting every Wednesday. Rev. F. M. Mack Pastor.

Simpson's Chapel.

Methodist Episcopal Church-

Sunday School Preaching 11 00 a. m. 3 00 p. m. Class meeting 7 30 p. m. Preaching Prayer meeting every Wed., evening. G. W. Ball, Pastor.

C. M. E. Church

Preaching at 11 oo a. m. and 7 30

Sundayschool Class meeting 3 00 Prayer meeting every Fri. evening

Free-will Baptist Church.

T. H. Warrield Pastor

Preaching and Rally every 3rd Sundayat 11 00 a. m. and 7 30 p. m. Sunday school 2 00 p. m Covenant meeting 3 00 p. m Prayer meeting every Tues. night Covenant meeting Fri. nights Rev. E. D. Burns pastor.

Lodge Directery

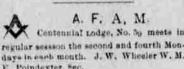
Q. C. Commandery K. T. Meets 1st. & 3rd., Fridays in each month.

T. M. Smith E. C. C. H. Lewis Recorder

R. A. M. No. 5.

Sedalia Chapter No. 5 Meets In regular session the second and fourth Wednesday evanings in each month,

Visiting brothers always welcome J. P. Ferril, H. P. C. H. Lewis, Sec.



days in each mouth. J. W. Wheeler W. M. E Poindexter, Sec.

Centennial Court, No. 37.

st, & 3rd. Thus,, of each month. Sallie Moffat, Matron, Julia Hayden, Sec.

Hawkin's Lodge, No. 44.

ist. & 13d. Mondays in each month. C. O. Brown, W. M. C. W. Holliday, Sec.



the first and third Tues-in each month, Hall 120 E. Main St. L. Cowan, N. G. D. Y. Steele P. S.

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